

“Praying With Your Eyes Open”

Prayer: Connecting With God

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August 26, 2012

Prayer is so much more than we realize. It’s not just an activity reserved for certain times or places—prayer is a lifestyle. Prayer is an ongoing attitude of communion with God. Prayer is appropriate and encouraged at any time in every situation when expressed from a sincere heart.

John 15:5-7

Luke 11:9-10

Matthew 7:7

Psalm 119:148

1 Thessalonians 5:17

Ephesians 6:18

10 tips for developing an ongoing communion with God:

1. Talk to God first and last every day.
(Psalm 88:13)
2. View God as always available and interested.
(John 3:16, 6:37; Romans 5:5; James 1:17)
3. Approach God like a child—humble and trusting.
(Luke 18:16; John 7:37)
4. Speak to God as you would a caring friend.
(Matthew 6:7)
5. Get to know Him by reading the Bible.
(2 Timothy 3:16; Hebrews 4:12)
6. Be yourself—He created you.
(Ephesians 2:10)
7. Be honest—He already knows your heart.
(Psalm 44:21; 1 Chronicles 28:9; 1 Samuel 16:7)
8. Ask the Holy Spirit for direction and guidance.
(John 14:26)
9. Be okay with stumbling around at times.
(Romans 8:26)
10. Cultivate an inner attitude and posture for prayer.
(Ephesians 3:16, 6:18)

“True prayer, is not a mere mental exercises nor a vocal performance, but it is deeper far than that—it is spiritual commerce with the Creator of heaven and earth.”

Charles Spurgeon, *Twelve Sermons on Prayer*,
Baker Book House, Grand Rapids, Michigan, 1990, p. 57.