

"Through the Cross" Making Peace with Your Past Series

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August 8, 2010

Because of Christ and what was accomplished through the cross...

- 1. We are children of God. (John 1:12; Ephesians 1:5; 1 John 3:1)**

Implication: Who we are in Christ defines us, not our past.

- 2. We are part of God's family. (Ephesians 1:5; Romans 14:15, 16:1; Galatians 6:10)**

Implication: God never intended for us to deal with our past alone. (Galatians 6:2; Romans 12:15; James 5:16)

- 3. We are forgiven. (Colossians 1:21-22, 2:13; Romans 8:1)**

Implication: All of our sins, past, present, and future, have been forgiven.

4. **We are indwelt with Christ. (Colossians 1:27, 2:9-10; 2 Corinthians 5:17; Titus 3:4-6)**

Implication: Don't settle for behavioral modification when heart transformation has been made available to us through Christ.

5. **We have been given the Holy Spirit. (John 14:25-26; 16:5-7)**

Implication: Healing from our past is a Holy Spirit driven process that is unique for each believer.

Books for further study:

Choosing Forgiveness: Your Journey to Freedom

by Nancy Leigh DeMoss

Praying God's Word: Breaking Free from Spiritual Strongholds

by Beth Moore

Loving God With All Your Mind

by Elizabeth George

The Choose to Forgive Workbook

by Les Carter and Frank Minirth

The Search for Significance

by Robert McGee

