

“Building God’s Heart for CBC: Loving God Part 1”

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I. Foundational Principle: In order to grow in our love relationship with God, we must say no to what is good and choose what is best—sitting at the Lord’s feet. (Luke 10:38-42)

“A biblically-shaped week includes prayer, opportunities to meditate on Scripture, work, service, relationships, and rest. If one of these is continually being neglected, there are probably places where we must say No. The reality is that God has both ordained the essential components of our lives and has authored the twenty-four-hour day in which we can incorporate those components.”

Edward T. Welch, “Boundaries in Relationships” *The Journal of Biblical Counseling*, Spring 2004, p. 20.

II. Three Reasons Why We are Too Busy for God

Reason 1 We serve man, not God. (Galatians 1:10)

“We don’t want to disappoint others. Many of us want to please other people and not disappoint them. This is good and normal. However, the desire can quickly run amok and become an idolatrous desire in which our goal is to never disappoint... What seems like a desire to not disappoint can mask the idolatrous desire to have everyone be pleased with us.”

Edward T. Welch, “Boundaries in Relationships” *The Journal of Biblical Counseling*, Spring 2004, p. 20.

Reason 2 We have worldly priorities. (James 4:4)

**Reason 3 We over estimate our importance.
(Isaiah 46:9-11, Psalm 8:3-4)**

“You know, the weight of trying to make yourself out to be bigger than you are—of trying to figure out how to run your life on your own, of always trying to determine the outcome, control the relationship, close the deal, run the show, hold it all together, know the future, protect your interest, build your kingdom—the weight of playing the role of God in your life and the lives of those around you.”

Louie Giglio, *i am not but I know I AM*, Multnomah Publishers, Inc.,
Sister, Oregon 2005, p. 124.

“You see, Sabbath is not so much about a day off as it is a ‘day up’—a day to remember that He is God and we are not. Without Sabbath, we forget who we are and lose sight of who He is, leaving us to carry the weight of the world on our shoulders. When there is no Sabbath in our lives we become intoxicated by the lie that the sum of our lives depends on our effort alone. We get to the place where we truly believe that the outcome of the story fully depends on us.

But in truth, we are tiny, limited beings. Our biggest and best efforts still accomplish far less than what God can do in us, through us—or without us—in one breath.”

Louie Giglio, *i am not but I know I AM*, Multnomah Publishers, Inc.,
Sister, Oregon 2005, p. 101.

III. Solution (I John 1:9)

- A. Confess our sin.**
- B. Thank God for our forgiveness in Christ.**
- C. Ask Him to change our hearts.**